

**THE CENTER FOR
WOMEN'S REPRODUCTIVE CARE**

The *Center for Women's Reproductive Care (CWRC)* at *Columbia University* is a subspecialty practice staffed by full-time faculty of Columbia University. The Center offers: fertility assessment, IVF, egg donation, male infertility care, PGD (preimplantation genetic diagnosis), egg and embryo cryopreservation (freezing and storage), and other advanced treatments.

One of the hallmarks of the Center is the ability to make the most innovative, cutting-edge research, and fertility treatments available to a wide population of patients through affordable, accessible care. Expanded access takes place at many levels:

Clinical: by specializing in challenging cases (accepting patients despite poor prognosis profiles);

Financial: through our in-network managed care contracts (which minimize your out-of-pocket expenses), and financial support through the NYS Infertility Demonstration Program grant.

Geographic: services offered in two conveniently located facilities: on Columbus Circle, in the heart of Manhattan, and in White Plains.

PATIENT SUPPORT SERVICES

A team of social workers and a staff psychiatrist are available at the CWRC to help patients deal with the personal and emotional challenges of undergoing fertility treatment. We are committed to making your experience with us as supportive and positive as possible through a range of services, such as:

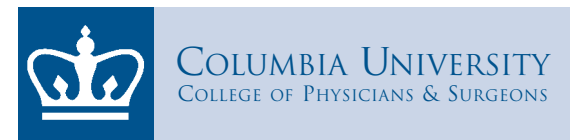
- patient support groups
- individual and couples counseling
- psychiatric counseling and evaluation

For a detailed description of services, please call **646-756-8294** or visit our website at www.columbiafertility.org.



Patient Fertility Education Workshop

MARCH '10 – AUG. '10



www.columbiafertility.org

Instructions

Fax to:

646-756-6297

OR

Mail to:

Nora Spielman, Patient Services Coordinator
Center for Women's Reproductive Care
at Columbia University
1790 Broadway @ 58th Street
New York, NY 10019

Nora Spielman, Patient Services Coordinator

Tel: 646-756-8297

Fax: 646-756-6297

E-mail: ns2444@columbia.edu



Columbia University
College of Physicians and Surgeons
Department of Obstetrics and Gynecology
Division of Reproductive Endocrinology

Center for Women's Reproductive Care

Manhattan Office: Columbus Circle
1790 Broadway, 2nd and 4th floors
(between 57th and 58th St.)

New York, NY 10019
Tel: 646-756-8282

Westchester Campus: White Plains
244 Westchester Avenue West, Suite 209
White Plains, NY 10604
Tel: 914-288-0408

Columbia University College of Physicians and Surgeons
Center for Women's Reproductive Care
at Columbia University
1790 Broadway @ 58th Street
New York, NY 10019

**Center for Women's Reproductive
Care at Columbia University**
Comprehensive Fertility Treatment Center
Columbus Circle & White Plains

- Fertility Assessment • IVF * Donor Egg (No Wait)
- Male Infertility • Endoscopic Surgery • PGD

Appointments: 646-756-8282
Information: 646-756-8294
www.columbiafertility.org

Insurance accepted (in-network) upon verification:
United Healthcare, GHI, Oxford, Aetna / US Healthcare,
HealthNet, Cigna, Empire Blue Cross / Blue Shield, MVP,
Emblem Health, Empire Plan, UniCare, Pomco, and HIP.
Income-based financial support to IVF through
NYS Infertility Demonstration Program.

Fertility Education Workshop

The Center for Women's Reproductive Care (CWRC) is pleased to announce the next Fertility Education Workshop series. The workshops will be presented by CWRC physicians, staff, and special guest speakers covering fertility-related topics. Come and meet experts in the field to:

- learn more about fertility problems and treatment options
- consider emotional and psychological aspects of treatment and coping techniques
- explore life style changes and the maintenance of overall health (mental, emotional, physical) in supporting the best conditions for fertility care
- explore alternatives on how to finance advanced fertility treatment
- find a supportive environment with professionals committed to help you in your decision to take charge of your fertility.

Informational Sessions

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Liyun Li, MD, and Arthur McGrath, LMSW, MPA
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
March 3, 2010

Understanding Ovarian Reserve: What Is the Deal with FSH and MIS?

Vuk Jovanovic, MD
An explanation of FSH and MIS testing and how they relate to your treatment.
March 10, 2010

Intrauterine Insemination (IUI): How Does It Fit Into Your Treatment Plan?

Susanna Park, MD
Why is it done? When to start and for how long?
March 17, 2010

Fertility and Yoga

Barrie Raffell and Karen Safire
Learn about yoga practice designed to support reproductive health and aid in conception and pregnancy. A brief yoga practice included.
March 24, 2010

Grant for IVF: Are You Eligible?

Arthur McGrath, LMSW, MPA, and Rebecca Rose, LMSW
Women between the ages of 21-44 who are New York State residents, with insurance that doesn't cover or fully cover IVF and medication, may be eligible for a NYS DOH income-based (<\$200,000) subsidy.
March 31, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Joshua Klein, MD, and Esther Carvalhaes
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
April 7, 2010

Fertility and Acupuncture

Angela Le, L.Ac.
This workshop provides comprehensive information about acupuncture with special emphasis on fertility issues.
April 14, 2010

Single and Going through the Fertility Process

Anne-Marie Maman, LCSW, and Nora Spielman, LMSW
More and more single women are exploring fertility treatment; Assistant Director of "Single Mothers by Choice" and CWRC social worker on hand to provide information and support.
April 21, 2010

Surgical Interventions to Improve Fertility

Melvin Thornton, MD
Medical Director of our White Plains office discusses the various surgical procedures used to diagnose and treat fibroids, polyps, endometriosis, and ovarian cysts.
April 28, 2010

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May 5, 2010

In Vitro Fertilization (IVF)

Janet Choi, MD
An overview of the process and a discussion of who would benefit from this treatment along with expected success rates.
May 12, 2010

Egg Donation: Disclosure vs. Non-Disclosure

Ralf Zimmerman, MD
What are the implications of telling your child about egg donation? Come for a discussion with our CWRC Reproductive Endocrinologist/Psychiatrist.
May 19, 2010

Your Embryo Transfer: Critical Decisions

Nataki Douglas, MD, and Robert Prosser, Embryologist
What are the American Society for Reproductive Medicine Guidelines for determining how many embryos to transfer, and at which time? Understand the embryo transfer process better with the help of a staff physician and embryologist.
May 26, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Joshua Klein, MD, and Arthur McGrath, LMSW, MPA
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June 2, 2010

Couples Dealing with the Emotional Ups and Downs of Fertility Treatment

Patricia Kummel, JD, PhD
An up-front discussion with tips for couples dealing with the emotional ups and downs of fertility treatment
June 9, 2010

Genetic Evaluation of Embryos

Michael Guarnaccia, MD
Screening an embryo for certain conditions such as genetic disease or chromosomal abnormalities prior to embryo transfer using Preimplantation Genetic Diagnosis (PGD) is now an option.
For whom?
June 16, 2010

Donor IVF: Screening, Matching, and Cycling

Gary Nakhuda, MD
Provides an overview of the egg donation process from the point of view of the donor and the recipient.
June 23, 2010

Covering the Cost of Treatment: In-network, Out-of-Network, and More

Arthur McGrath, LMSW, MPA
Meet with our Administrative Director to learn about costs and payment options, including an overview of insurance coverage for fertility.
June 30, 2010

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Liyun Li, MD, and Esther Carvalhaes
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
July 7, 2010

What Are My Chances? Increasing the Odds

Mark Sauer, MD
What works in fertility care? Director of the Division of Reproductive Endocrinology at Columbia University and pioneer in the field of reproductive care reviews the use of treatments proven to increase chances of pregnancy.
July 14, 2010

Fertility Medication: How Does It Affect You?

Jeffrey Wang, MD
Learn about different types of medication, how they work, their limitations, administration, and why they are selected.
July 21, 2010

Grant for IVF: Are You Eligible?

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Joshua Klein, MD, and Esther Carvalhaes
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August 4, 2010

Hours and Location

Time: 6:30 PM – 7:30 PM (sign-in starts at 6:15 PM)
Location: 1790 Broadway (between 57th and 58th St.), 4th Fl. New York, NY 10019

Fees

No charge to registered participants.

Registration

The Informational Series is open to the public, however application is required. You can register by mail, fax or phone or by visiting our website at www.columbiafertility.org. Please use the attached reply card to register. Space is limited, early application is recommended.

If you have any questions please contact the Patient Services Coordinator, Nora Spielman, at 646-756-8297 or by e-mail: ns2444@columbia.edu.

Want to attend various workshops in a single afternoon?

4TH ANNUAL PATIENT FERTILITY EDUCATION CONFERENCE Sunday, October 24th, 2010 (12:30 - 5:00 pm)

Location: The Crowne Plaza Hotel, White Plains
66 Hale Avenue, White Plains, NY 10601
www.crowneplaza.com

For more information, please call 646-756-3866.
Online registration at www.columbiafertility.org

ONLINE APPLICATION AVAILABLE AT
WWW.COLUMBIAFERTILITY.ORG
PLEASE COMPLETE THE APPLICATION FORM BELOW,
DETACH IT AND MAIL OR FAX IT TO US
APPLICATION FORM

Name _____
CWRC patient: Yes No

How I learned about this program: _____

Address: _____
_____ Zip: _____

E-Mail: _____

Phone: _____

FERTILITY EDUCATION WORKSHOP I would like to attend the following:

- GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING** March 3, 2010
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TEAR OFF HERE