

**THE CENTER FOR
WOMEN'S REPRODUCTIVE CARE**

Columbia University's infertility center, *the Center for Women's Reproductive Care (CWRC)*, is a group practice staffed by full-time faculty of Columbia University. The Center offers: fertility assessment, IVF, egg donation, male infertility care, PGD (preimplantation genetic diagnosis), egg and embryo cryopreservation (freezing and storage), and other advanced treatments.

One of the hallmarks of the Center is the ability to make the most innovative, cutting-edge research, and fertility treatments available to a wide population of patients through affordable, accessible care.

IN-NETWORK INFERTILITY CARE

We are pleased to be one of the very few medical school programs in the United States that offers comprehensive infertility care while accepting in-network managed care contracts for IVF. **If you have insurance coverage for IVF, you can save thousands of dollars by selecting an "IN-NETWORK" provider.**

To locate us under your Insurance Directory as In-Network providers, look up 'Center for Women's Reproductive Care at Columbia University' OR one of our individual physicians' names:

Mark V. Sauer, MD	Susanna J. Park, MD
Janet M. Choi, MD	Melvin H. Thornton II, MD
Michael M. Guarnaccia, MD	Jeffrey Wang, MD
Gary S. Nakhuda, MD	Ralf C. Zimmerman, MD
Rogelio A. Lobo, MD	

If you do not have insurance coverage for IVF, please contact our Admissions Counselor at **646-756-8294** to learn about our **financial assistance** options or if you have any other questions regarding our program.

Income-based financial support for IVF is available through **NYS Infertility Demonstration Program**.

Medical Credit Card/Patient financing is also available with a convenient application process through an outside company.

PATIENT SUPPORT SERVICES

A team of social workers and a staff psychiatrist are available at the CWRC to help patients deal with the personal and emotional challenges of undergoing fertility treatment. We are committed to making your experience with us as supportive and positive as possible through a range of services, such as:

- patient support groups
- individual and couples counseling
- psychiatric counseling and evaluation

For a detailed description of services, please call **646-756-8294** or visit our website at www.columbiafertility.org.

CWRC
CENTER FOR WOMEN'S REPRODUCTIVE CARE
AT COLUMBIA UNIVERSITY

Patient Fertility Education Workshop

SEPT. '10 – FEB. '11

Fax to:

646-756-6297

OR

Instructions

Mail to:

Nora Spielman, Patient Services Coordinator
Center for Women's Reproductive Care
at Columbia University
1790 Broadway @ 58th Street
New York, NY 10019

Nora Spielman, Patient Services Coordinator

Tel: 646-756-8297

Fax: 646-756-6297

E-mail: ns2444@columbia.edu



Columbia University
College of Physicians and Surgeons
Department of Obstetrics and Gynecology
Division of Reproductive Endocrinology

Center for Women's Reproductive Care

**Manhattan Office: Columbus Circle
1790 Broadway, 2nd and 4th floors
(between 57th and 58th St.)**

New York, NY 10019

Tel: 646-756-8282

**Westchester Campus: White Plains
244 Westchester Avenue West, Suite 209**

White Plains, NY 10604

Tel: 914-288-0408

Columbia University College of Physicians and Surgeons
**Center for Women's Reproductive Care
at Columbia University**
1790 Broadway @ 58th Street
New York, NY 10019

**Comprehensive Fertility Treatment Center
Columbus Circle & White Plains**

- Fertility Assessment • IVF * Donor Egg (No Wait)
- Male Infertility • Endoscopic Surgery • PGD

Appointments: 646-756-8282
Information: 646-756-8294

www.columbiafertility.org

Insurance accepted (**IN-NETWORK**) upon verification:
United Healthcare, GHI, Oxford, Aetna / US Healthcare,
HealthNet, Cigna, Empire Blue Cross / Blue Shield, MVP/
Emblem Health, Empire Plan, UniCare, Ponoco, and HIP.

Income-based financial support to IVF through
NYS Infertility Demonstration Program.

Financial Assistance Options available.

Medical Credit Card / Patient Financing available.



COLUMBIA UNIVERSITY
COLLEGE OF PHYSICIANS & SURGEONS

www.columbiafertility.org

Fertility Education Workshop

The Center for Women's Reproductive Care (CWRC) is pleased to announce the next Fertility Education Workshop series. The workshops will be presented by CWRC physicians, staff, and special guest speakers covering fertility-related topics. Come and meet experts in the field to:

- learn more about fertility problems and treatment options
- consider emotional and psychological aspects of treatment and coping techniques
- explore life style changes and the maintenance of overall health (mental, emotional, physical) in supporting the best conditions for fertility care
- explore alternatives on how to finance advanced fertility treatment
- find a supportive environment with professionals committed to help you in your decision to take charge of your fertility.

Informational Sessions

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Joshua Klein, MD, and Nathaniel Pazik
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
September 1, 2010

In Vitro Fertilization (IVF)

Janet Choi, MD
An overview of the process and a discussion of who would benefit from this treatment along with expected success rates.
September 8, 2010

Single and Going through the Fertility Process

Anne-Marie Maman, LCSW
More and more single women are exploring fertility treatment; Assistant Director of "Single Mothers by Choice" and CWRC social worker on hand to provide information and support.
September 15, 2010

Covering the Cost of Treatment: In-Network, Out-of-Network, and More

Arthur McGrath, LMSW, MPA
Meet with our Administrative Director to learn about costs and payment options, including an overview of insurance coverage for fertility, including eligibility requirements for a NYS DOH income-based (<\$200,000) subsidy.
September 22, 2010

Fertility and Yoga

Barrie Raffell and Karen Safire
Learn about yoga practice designed to support reproductive health and aid in conception and pregnancy. A brief yoga practice included.
September 29, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Joshua Klein, MD, and Esther Carvalhaes
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
October 6, 2010

Fertility and Acupuncture

Angela Le, L.Ac.
This workshop provides comprehensive information about acupuncture with special emphasis on fertility issues.
October 13, 2010

Intrauterine Insemination (IUI): How Does It Fit Into Your Treatment Plan?

Susanna Park, MD
Why is it done? When to start and for how long?
October 20, 2010

Donor IVF: Screening, Matching, and Cycling

Melvin Thornton, MD
Provides an overview of the egg donation process from the point of view of the donor and the recipient.
October 27, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Liyun Li, MD, and Michelle Aszodi, LMSW
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
November 3, 2010

What Are My Chances? Increasing the Odds

Mark Sauer, MD
What works in fertility care? Director of the Division of Reproductive Endocrinology at Columbia University and pioneer in the field of reproductive care reviews the use of treatments proven to increase chances of pregnancy.
November 10, 2010

Egg Donation: Disclosure vs. Non-Disclosure

Ralf Zimmermann, MD
What are the implications of telling your child about egg donation? Come for a discussion with our CWRC Reproductive Endocrinologist/Psychiatrist.
November 17, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Liyun Li, MD, and Nathaniel Pazik
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
December 1, 2010

Couples Dealing with the Emotional Ups and Downs of Fertility Treatment

Patricia Kummel, JD, PhD
An up-front discussion with tips for couples dealing with the emotional ups and downs of fertility treatment.
December 8, 2010

Genetic Evaluation of Embryos

Michael Guarnaccia, MD
Screening an embryo for certain conditions such as genetic disease or chromosomal abnormalities prior to embryo transfer using Preimplantation Genetic Diagnosis (PGD) is now an option. For whom?
December 15, 2010

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Sahadat Nurudeen, MD, and Esther Carvalhaes
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
January 5, 2011

Covering the Cost of Treatment: In-Network, Out-of-Network, and More

Arthur McGrath, LMSW, MPA
Meet with our Administrative Director to learn about costs and payment options, including an overview of insurance coverage for fertility, including eligibility requirements for a NYS DOH income-based (<\$200,000) subsidy.
January 12, 2011

Donor IVF: Screening, Matching, and Cycling

Melvin Thornton, MD
Provides an overview of the egg donation process from the point of view of the donor and the recipient.
January 19, 2011

Understanding Ovarian Reserve: What Is the Deal with FSH and MIS?

Gary Nakhuda, MD
An explanation of FSH and MIS testing and how they relate to your treatment.
January 26, 2011

GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING

Sahadat Nurudeen, MD, and Michelle Aszodi, LMSW
An invaluable guide to navigating our program with a comprehensive overview of infertility treatment.
February 2, 2011

Fertility Medication: How Does It Affect You?

Jeffrey Wang, MD
Learn about different types of medication, how they work, their limitations, administration, and why they are selected.
February 9, 2011

Your Fertility Treatment Cycle Didn't Work: Moving Forward Emotionally

Patricia Kummel, JD, PhD
An unsuccessful treatment cycle can be emotionally devastating; a licensed social worker provides tools for coping and moving forward emotionally.
February 16, 2011

Your Embryo Transfer: Critical Decisions

Nataki Douglas, MD, and Robert Prosser, Embryologist
What are the American Society for Reproductive Medicine Guidelines for determining how many embryos and at which time to perform transfer? Understand the embryo transfer process better with the help of a staff physician and embryologist.
February 23, 2011

Hours and Location

Time: 6:30 PM – 7:30 PM (sign-in starts at 6:15 PM)
Location: 1790 Broadway (between 57th and 58th St.), 4th Fl. New York, NY 10019

Fees

No charge to registered participants.

Registration

The Informational Series is open to the public, however application is required. You can register by mail, fax or phone or by visiting our website at www.columbiafertility.org. Please use the attached reply card to register. Space is limited, early application is recommended.

If you have any questions please contact the Patient Services Coordinator, Nora Spielman, at 646-756-8297 or by e-mail: ns2444@columbia.edu.

Want to attend various workshops in a single afternoon?

4TH ANNUAL PATIENT FERTILITY EDUCATION CONFERENCE Sunday, November 7, 2010 (12:30 - 5:00 pm)

Location: The Crowne Plaza Hotel, White Plains
66 Hale Avenue, White Plains, NY 10601
www.crowneplaza.com

For more information, please call 646-756-3866.
Online registration at www.columbiafertility.org

ONLINE APPLICATION AVAILABLE AT
WWW.COLUMBIAFERTILITY.ORG
PLEASE COMPLETE THE APPLICATION FORM BELOW,
DETACH IT AND MAIL OR FAX IT TO US

APPLICATION FORM

Name _____

CWRC patient: Yes No

How I learned about this program: _____

Address: _____

Zip: _____

E-Mail: _____

Phone: _____

FERTILITY EDUCATION WORKSHOP

I would like to attend the following:

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- In Vitro Fertilization (IVF)** September 8, 2010
- Single and Going through the Fertility Process** September 15, 2010
- Covering the Cost of Treatment: In-Network, Out-of-Network, and More** September 22, 2010
- Fertility and Yoga** September 29, 2010
- GETTING STARTED: BEING MORE SUCCESSFUL FROM THE BEGINNING** October 6, 2010
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TEAR OFF HERE